



Carl Reginald Sheppard

October 15, 1935 - April 30, 2026

90, passed away peacefully April 30, 2026, just 9 months after his wife of 69 years in his apartment in Fairview. Born in Halifax on October 15, 1935, he was the son of the late William and Leah Davis (Gosse) Sheppard, and stepmother Mary (Bulger) Sheppard. He is survived by his daughters, Heather Northorp (Ross), Lakeside, and Carla Royle (Bobby), Hubley; four grandchildren and six great-grandchildren; and several nieces and nephews. He was the last surviving member of his immediate family. Predeceased by his brothers, John, George, Eric (his twin brother); and sisters, Myrtus, Joan, Bernice, and Helen.

Honestly, there are so many words to describe our dad/grampy, great-grampy: hard worker, caring, sweet, respectful, compassionate, loyal, funny, strong, prankster, and hero.

In his younger years he was in the RC Corp as a cadet. He worked as a carpenter with Pelton's for 25 plus years and retired at the young age of 50. He was always ready to lend a helping hand if someone needed help with anything; nothing was too big or too small for him to tackle. He proved that when at the age of 87 he built his daughters 159 foot ramp with his son in law, so she could come home for Christmas. A drone took pictures of Dad up on his roof in Sheet Harbour in his middle 80s. He loved to putter and always wanted to help his daughters with any projects on their houses; keeping busy. He was a long-time member of the Fairview Legion Branch 142 and Sheet Harbour Legion Branch 58.

Camping was a big part of our family with the Foresters (IOF) at Sullivan's growing up.

After retirement, they sold the Fairview home and moved to Sheet Harbour to enjoy fishing, hunting, flea markets and travelling. Mom and Dad travelled across Canada, a cruise to the Caribbean, vacationed in Bermuda, travelled throughout the states, and settled in Florida, becoming snowbirds until the age of 75.

He was mom's caregiver for as long as he could do it, and found it very difficult placing her in long term care in 2020. The Bissett Court staff became his family too and always waited for his visits with Mom for over 5 years.

Late 2024 he moved to an apartment in Fairview after selling the house in Sheet Harbour. We were all very blessed to have him closer and enjoyed his pop in visits bringing us whatever he could find at Gateway especially when they had their haddock on special. He was so excited when we set him up with the internet and he could stream all the old western movies. Having Alexa was another fun thing for him, although sometimes she didn't understand what he was asking her.

Dad loved to eat; he learned how to cook using his air fryer and made homemade bread. Chinese buffets, macaroni and cheese, hot hamburger, Carla's homemade pizza, pea soup and turkey soup, really rare steak and lobster were a few of his favourites and HP sauce went on everything.

Dad enjoyed fishing, hunting, setting rabbit snares in the winter, went on a few moose hunting and fishing trips to Newfoundland. He went deep-sea fishing in Lunenburg a few years ago with his daughters' families; this was one of the best days he had, and of course no rods were used by him, but rather a homemade jig, and he caught quite a few that day.

He was a diehard Montreal Canadian fan and loved watching the games and yelled at the TV all the time when they wouldn't shoot the puck. In his younger years his twin brother Eric and him played hockey, dad would start the fights and Eric would score the goals. Just a few weeks ago dad said how much he enjoyed one of the recent hockey games where there were so many penalties

and fighting - that's what makes hockey! He followed the Mooseheads, Bluejay's, curling and golf. Crib was a very big part of Dad's life; spending time at the fire hall in Lakeside or Monday nights at the Sheet Harbour Legion, he never did get a 29 hand, but close. Darts, horseshoes, kitchen parties, playing the harmonica and spoons - he couldn't carry a tune, but that never stopped him from trying to sing.

He was very proud of his grandchildren and all that they have accomplished over the years. He loved seeing pictures of his great-grandkids, the recent ones being Addison and Gordie.

Mom and Dad's story is a true testimony of love; they met at the very young ages of 13 and 12, married on February 11, 1956, and this year would have been their 70th wedding anniversary.

Dad had been struggling for the past several months and never really recovered after having pneumonia back in August. It was very hard watching him slow down, as we thought he would live forever.

He has been cremated under the direction of Harbourside Regional Crematorium – Halifax. There will be no visitation or service, at his request.

“Dad, you left such a huge void in our lives and will be missed dearly. Happy you are with Mom now. We all Love you. Rest in peace.”

Tribute Wall

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“ *Heather, Carla and Families,*

Your father was such a joy to be around — always pleasant, kind-hearted, good-humoured, and truly a gentleman. The pain of losing a father who was also a dear friend is immense.



May the love he had for you continue to surround and care for you through cherished memories, shared experiences, and moments that will bring comfort in your sadness and, in time, even laughter.

Take solace in knowing your father is reunited with his beloved bride, your dear mother.

Blessings and love to you all during this difficult time.

*Our sincere condolences,
Carol-Anne, Greg & Family xo*

Carol Anne McDonald - 1 hour ago