



Cheryl Louise Innocente

March 5, 1966 - September 17, 2025

It is with deep sadness that we announce the peaceful passing of Cheryl Louise Innocente, on September 17, 2025, at the age of 59.

Cheryl was born on March 5, 1966 in Halifax. She grew up in the family homestead in Chambers Hill. The home that her parents built with love, and continues to be home base for the entire family. Cheryl graduated from J.L. Illsley High School before pursuing her calling in nursing. With compassion and dedication, she built a meaningful career in healthcare, spending much of her time working in dialysis and community mental health. Nursing was not just her profession, but her passion, and she touched the lives of countless patients and colleagues through her care and kindness. Cheryl's greatest pride and joy was her family. She loved to organize gatherings that brought everyone together. She had an eye for decor, and her home was always meticulously decorated for every holiday. You could always rely on Cheryl when it came to hosting the family celebrations.

She will be lovingly remembered by her children, Joey (Mary) Courchesne and Amber (Oscar) Hood, her father, Alex Innocente, brothers Daniel Innocente and Stephen (Amber) Innocente, and many nieces, nephews, and friends. She will also be remembered by her cherished grandchildren, Jordyn, Lucy, Lilah, Logan, Austin, and Violet, who brought endless light into her life.

She is now back in the arms of her beloved mother, Gwendolyn Ann Purcell, who she has missed dearly. Known for her vibrant spirit, Cheryl's love extended beyond her family, friends, and patients. She loved her Pomeranians that could always be found by her side . She also had a love for travelling down south, and following her favourite band, The Backstreet Boys. Cheryl's warmth, laughter, and selfless heart will be dearly missed by all who knew her. A celebration of Cheryl's life will be held at Saint Catherine of Siena church on September 26th at 11am, where friends and family will gather to honor her memory. In lieu of flowers, the family kindly asks that donations be made to a charity of choice in Cheryl's memory.

Tribute Wall

RB

“ Joe, Mary and all the Innocente Family :
Our deepest sympathy to you all on the passing of Cheryl. Our hearts are with you at this sad time. Cheryl was a classmate at JL and a coworker at Parkhaven and was always one to share a laugh , a kind word and her lovely smile . May she rest in peace . Rhonda (Billard) Bowdridge and Family

Rhonda Bowdridge - September 26, 2025 at 01:57 AM

MJ

“ We were so saddened to hear of Cheryl’s passing. Cheryl was such a kind and compassionate person, and she loved to laugh. She will be missed. Our deepest sympathy goes out to her family during this very sad time.

MJ & Reinhard (and Jimmy xo)



MJ Jerabek - September 25, 2025 at 05:19 PM

CM

“ Cheryl and I met 18 years ago at orientation for new employees of the Mental Health and Addictions program. We became fast friends and a lot of time together; from NYE to Tupperware or epicure parties, birthday parties, or any evening of the week!



She was always there to support me with many difficult times in my life. She dearly loved her family and would go above and beyond for them, as well as her friends, and her patients.

My sincere condolences to all affected by her passing, especially Joey, Jordyn, Amber and her father, Alex and their families. Cheryl will always be remembered and loved.

Chris McWilliam - September 23, 2025 at 07:06 PM

CC

“ I hold on to the memories: NYE celebrations, dinners out, birthday parties, conversations, and the kindness you showed me when my mother became terminally ill. Deep condolences to Cheryl's family and loved ones. This passing was far too soon.



Christena Copeland - September 23, 2025 at 06:23 PM



“ I knew Cheryl in dialysis but she was so much more than a co-worker, she was a friend. We shared so many laughs and even when she left we would catch up over lunch at times. Thank you for all you have given to your patients, family and memories to me. Love you crust❤️❤️❤️

Rachael AB - September 23, 2025 at 05:23 PM

DO

“ Weezie, I'm gonna miss you so much. My very first Best Friend, you treated me like a Sister and now I feel lost. If the World had more like you, it would feel like Heaven. Save me a seat... I'll see you soon.

Dana Oakley - September 23, 2025 at 05:08 PM

JH

“ Nanny truly had a heart of gold. She was the most compassionate and loving person I knew. Life without her feels empty. I am so proud to be her granddaughter. I love you nan

Jordyn Hardiman - September 23, 2025 at 01:21 PM



“ The first time I laid eyes on you at 18 years old, my heart never belonged to me anymore. Although our lives took different paths until later in life, my love for you never ceded or faded. You will always be the one person I wished I spent my entire life with, and wish I had done things differently when I was young to earn the privilege of being the one you spent your life with. I am just so thankful I got time with you in the latter stages of our lives. My heart will be eternally yours, until we meet again, my Love. 🌹🕊️🙏



Scott Cowie - September 23, 2025 at 10:48 AM

GM

I'm so sorry for your loss Scott . I remember working and going to school with Cheryl . She was always kind and loving to others ,a very sweet person .

Glynis MacMillan - February 02 at 08:21 AM