



## Mary Wood

August 5, 2025

Mary Wood, 82 years old, of Lower Sackville, Nova Scotia passed away at the QE2 Hospital, on Tuesday August 5, 2025.

Born in Westfield, Nova Scotia, she was the daughter of the late Vincent Frail and Hester Frail. The most important thing in her life was being a Mother and Grandmother. If you were lucky enough to know her then you were blessed by her deep affection. To say she was an amazing quilter was an understatement. It was one of her greatest pleasures to design and build a quilt for someone special, and everyone was someone special!

Mary is survived by her husband, James (Jim) Wood; son, Paul Wood (Brenda); daughter, Shelley Wood; grandchildren, Drake, Brianna, Logan and Brayden Wood; siblings, Carol, Louise (Alva), Gail, Rose (Karl), Lowell (Edna) and many nieces and nephews. Besides her parents she was predeceased by her brothers, Jerry, Crandall, and Manning; sister, Alice and an infant sister.

As per her wishes there will be no service or Celebration of Life. "I'm always with you. Even when you can't see me, I'm here".

# Tribute Wall

DA

“*Mary was a remarkable woman whose warmth, creativity, and kindness touched so many lives. Her passion for quilting was only matched by her love for her family, especially her grandchildren. She leaves behind a legacy of love, generosity, and beautiful memories stitched into every life she touched. We will miss her dearly.*

*Robert Evans and Deb Anderson*

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**Deb Anderson** - August 13, 2025 at 06:18 AM

DW

“*With the passing of Mary, we have lost a dear friend. Mary had an amazing outlook on life. When she encountered an obstacle, she simply set that obstacle aside and got on with her day. By doing that, she completed everything she had planned to do. Toss Mary lemons, she made lemonade. Her inner determination and strength had no limits. She was an inspiration to all of us. Among her many talents, she was an accomplished seamstress; her specialty being quilts. In our neighbourhood, she was known as the "Quilt Lady". Each one of her creations was beautifully designed and stitched with love.*

*Our sympathies to husband Jim, children Shelley and Paul, daughter-in-law Brenda and grandchildren Drake, Brianna, Brayden and Logan - the grandchildren she absolutely adored.*

*Doreen and Rhonda Webber*

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**Doreen Webber** - August 11, 2025 at 05:20 PM

RM

“ Sending my love to Shelley, Brianna, and Drake. Mary was such a wonderful and loving woman and I feel so lucky to have met her and have her call me her "other granddaughter". She will be greatly missed ❤️ ☐

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**Rachael MacLellan** - August 10, 2025 at 09:42 PM

MB

“ Dear Jim, Paul and Shelley. Mary was the best friend anyone could ever have. She was kind, generous and thoughtful. How we miss those wonderful years when our six-some got together to celebrate birthdays. The cards were fun, the food great, and the laughter contagious. She will be missed every day. We are all fortunate to have enjoyed her through the years.  
Don and Margie Bushop

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**margaret bishop** - August 10, 2025 at 03:52 PM

CC

“ Great Aunt Mary was really nice and kind. Although I only got to see her some times, those times that I was with her were nice. She gave me a little glass doll and a beautiful quilt blanket. It was the last one she made. On my last visit, we had my dad's apple pie and it was the best time.  
Anna (age 9, Rose's granddaughter)

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**Caroline Cochran** - August 10, 2025 at 12:41 PM

BG

“ Our condolences to Jim and family, our thoughts are with you during this difficult time.

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**Bill and Sandy Gammell** - August 08, 2025 at 04:00 PM

JC

*I was so sorry to hear about Mary's passing. And what a lovely obituary which defined Mary so well. When Shelley was pregnant with her first child, I congratulated her on becoming a grandmother in the near future. Her reply was, 'like my mother always said, it's just another person to love.' Condolences to Jim and the rest of the family. May all your fond memories provide some comfort in the days ahead. Jenny Costelo*

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**jenny Costelo** - August 09, 2025 at 09:52 AM

CM

*Our hearts go out to the Wood family. Mary was an absolutely wonderful woman who was always kind and caring. One of our most favorite wedding gifts was a quilt from Paul and Brenda that was made by Mary (that Brenda helped with). It is a treasured item, not only because it is beautiful, but because we know she made all of her quilts with love and a piece of her heart. We are so very happy to have it as a reminder that she will always be with us.  
Charlene and Terry MacNeil*

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**Charlene & Terry MacNeil** - August 11, 2025 at 08:39 AM