



Patricia Ann Roche

February 16, 1961 - January 6, 2022

Roche, Patricia (Feb 16 1961-Jan 6 2022)

It is with the heaviest of hearts that we sadly announce the passing of our loving and beloved mother, Nanny Pat, sister, aunt and friend, Patricia Roche age 60, a deeply spiritual person with stunning red hair. Pat loved her daughters dearly and raised them on her own to be strong compassionate beautiful and loving women. They took the most loving and tender care of Pat throughout her short illness. We all believed there would be more time with Pat and are heart-broken. Pat was raised in a large family by her parents, Ernie and Pauline, in NDG Montreal, with a loving extended family that had roots in Quebec and Cape Breton. Pat was predeceased by her parents and her sister Gail. Left to mourn her loss are devoted daughters Jessica (David) of Halifax, Natasha (Mike) of Halifax, her granddaughter and grandson, the lights of Pat's life, Kinsella (Tutu) and Deleo (Bubba), her brother Dan (Monica) Vancouver, sisters Jacquie (Christina) of Wolfville and Mary (Walter) of Oakville Ontario, along with nieces Emily and Bailey, and nephew Alex. Pat loved yoga, the outdoors, and the ocean, delighting in hikes, beach walks and swims with her family and friends all around the province. Pat made it a point to spend quality time with her daughters on frequent get-aways. They shared a deep and loving bond that brought them all a sense of belonging and connection through many challenges. Pat worked for years as a medical office administrator. As her most recent employer, Dr. Sava, said of Pat, "there was

no one better.” Cremation has taken place. A celebration of Pat’s life will be held at a later date. We thank the staff at the Victoria General Hospital, especially nurse Terryn and the Oncology Team. Donations in Pat’s memory may be made to your local women’s shelter, a service near to Pat’s heart.

“Let us not look for you only in memory,

Where we would grow lonely without you.

You would want us to find you in presence,

Beside us when beauty brightens,

When kindness glows

And music echoes eternal tones.”

Tribute Wall

DJ

“ Dear Natasha,

Sincere condolences from someone who never met your Mum in person but felt I knew her from our wonderful conversations while sitting in your chair. The closeness you and your sister shared with your Mum was a rare and beautiful thing to hear about and to treasure forever. All the fun, laughter, togetherness, caring and sincere love is a gift few of us experience in this life. During her illness you were there in the kindest of ways. I remember you telling me how you took her from the hospital in a wheelchair to the gardens; What a great sport she was! Mother and daughter never parted in this life and together in the next. Your Mother must have been one of a kind to have a daughter like you. Rest In Peace beautiful Pat.



Love,

Debra and Don Burbidge

Debra Joesse - January 26, 2022 at 10:53 AM

LH

“ I am so sadden by the news of Patricia’s passing. I’ve only known Patricia for a short time. Meeting Patricia felt like I was sent an angel. I’ll never forget you; the laughs, the cries, the talks about our families and the nasty things that go with cancer. I wish we met somewheres different and under different circumstances but I am truly grateful that our paths crossed. My sincerest, deepest condolences to your family, sending hugs to all 🤗🥺💔

Linda and Lester

Linda Hawes - January 13, 2022 at 04:30 PM

CS

“ Patricia was a beautiful and caring person. She was strong, funny and always reliable. Working with her was a pleasure and her presence always brought positive energy to the clinic.

The office will never be the same without her. We will miss her dearly.

My sincerest condolences to her family and loved ones.

Cristina Sava - January 13, 2022 at 12:25 PM

JE

“ I have known Patricia for 20 years.. Patricia had a way about her that lite up any room that she walked into. Patricia was charming and funny. I remember the many Christmas dinners, Mother’s Day dinners we had together as a family. They were always filled with fun and laughter. I remember the girls weekend I was invited to at White Point, I had a wonderful time with Patricia. Patricia love her family, girls, grandkids and son in law.. I will cherish the times I had with her, Patricia will live on in our hearts forever.

Joan Evans - January 12, 2022 at 03:53 PM

JC

“ I'll never forget the kindness that radiated from Patricia. One memory in particular was her opening her home to me and allowing me to stay with her while I did a work placement in the Valley. Every evening there would be an amazing meal on the table with a perfectly paired wine. We would sit afterwards and have amazing conversations about life and love and everything in between. She had great advice and has taught me so much that I will carry through life. I'm so honored that my older children had the opportunity to meet her and have memories of their own to talk about and share.
I will hang on to the love and memories and the sound of her voice forever 🧡

Jenn Cooper - January 11, 2022 at 02:25 PM

KB

“ Growing up, her daughter Jessica was my best friend. Pat always treated me like her own daughter, and made every adventure special. I'm so deeply sorry for your loss.

Kasey Beggs - January 11, 2022 at 02:23 PM

SL

“ Sarah Lewis lit a candle in memory of Patricia Ann Roche



Sarah Lewis - January 11, 2022 at 01:07 PM

CM

“ *The few times I met Patricia her aura radiated such brightness and kindness that it's not surprising she raised such wonderful strong kind women. In time I hope her loved ones are able to remember Patricia and all the beautiful moment's with her without such heartache.*

candice maclean - January 11, 2022 at 12:19 PM

PS

Dear Jessica. I am so sad to hear of your Mom's passing. Although I did not know her I knew of her through your humour, kindness and integrity....that is taught by example. When my Mother passed I received a card that said "What a wonderful difference one life has made". I have keet that thought close to my heart. Peace and love to you and your family.

Paula Syms - January 11, 2022 at 02:20 PM