



Paulette Madeleine Cable

June 5, 1946 - December 22, 2023

It is with profound sadness that Paulette Cable's family announce her passing on December 22, 2023 in the Halifax Infirmary, surrounded by those she loved dearly. Despite many health and life challenges, Paulette had a fierce, unrelenting spirit, quick wit, and a loving heart. She was a loving mother to Denice, mother-in-law to Pat, sister to Alice (Allie); grandmother to Justin, and great-grandmother to Emmy & Olive. She adored her dear friends, Marg Murray, Hannah Delorey, and Sherree Vickers. Born in Halifax on June 5, 1946, Paulette was the daughter of Henry and Helen (Stewart) Cable. She was predeceased by her parents; longtime love Wendell Langille; brothers John (Joan) and Harry (Delores); sister Elizabeth (John) Villeneuve. She is survived by her beloved daughter Denice (Patrick) Willoughby, Halifax; sister Alice Walsh, "Allie", Halifax; grandson Justin (Keri Anne Gallant) Willoughby, Herring Cove; great grand-daughters Emersyn & Olive Willoughby and several nieces and nephews. Paulette held various administrative jobs throughout her lifetime, however, she struggled, like many, with her mental health. Ironically, that burden was a blessing; she met truly amazing people after seeking help. We, as a family are truly thankful to Marg Murray, CMHA, you're an angel on earth; heartfelt thanks to Dr. Tomas Hajek, Hannah, Sherree, and all of the volunteers / friends who helped make Mom's days a little bit better with a drive or countless visits to The Dingle, her place of solace and serenity. Special thanks to her many homecare workers, and to the teams of IMCU and 8.2, who cared for Mom during her final months in hospital.

Memorial service will be held on Tuesday, January 9th, 2024 at 10:00am, Saint Benedict Parish, 45 Radcliffe Drive, Halifax, Father Dan Ramos officiating, Reception to follow. Cremation has taken place by Harbourside Regional Crematorium, online condolences at www.harboursidecremation.ca. Family only interment at Gate of Heaven Cemetery, Lower Sackville, at a later date. Donations to CMHA, Halifax-Dartmouth, are sincerely appreciated.

Tribute Wall



“ *Beautiful in Blue* was purchased for the family of *Paulette Madeleine Cable*.



January 06, 2024 at 09:40 AM



“ *Paulette loved to visit the Dingle (Sir Sanford Fleming Park) all year round.*



Marg Murray - January 06, 2024 at 09:19 AM



“ *Dear Denice,
Sending deepest condolences to you and your family. I will always be thinking of your Mother when I visit the Dingle Park . It certainly was her "happy place". She was a wonderful person, and will be missed by many.*

Marg Murray - January 06, 2024 at 09:03 AM

DW

Thank you Marg, I'm sure that Mom has found a special place in Heaven too. We are so appreciative of everything that you did for Mom. It didn't just make her life easier, but ours too. We're forever grateful for your kindness.

Love Always,

Denice & Pat

Denice Willoughby - January 06, 2024 at 06:22 PM



“*Denice, Pat and Justin, I am so sorry to hear of Paulette's passing. I really enjoyed my visits with her, playing games and going to the Dingle. I was never able to beat her in Scrabble. And I still use her stuffing recipe every Thanksgiving and Christmas. She always spoke so highly of you all, with such pride. I am so sorry for your loss.*

Sarah Chiasson

Sarah Chiasson - January 05, 2024 at 12:54 PM

DW

Thank you Sarah, Mom loved spending time with you too!! She was always excited when your annual get together for a meal out was coming up. Eggs benedict was her meal of choice I believe :) What a wonderful tribute, using Mom's stuffing recipe, that brings tears to my eyes. I still remember when the three of us went out for a meal together. It was fun! Take care.

Denice

Denice Willoughby - January 06, 2024 at 06:38 PM

SV

“ One of Paulette’s favourite places -The Dingle.



Sherree Vickers - January 04, 2024 at 06:17 PM

DW

“ 1 file added to the tribute wall



Denice Willoughby - January 04, 2024 at 10:17 AM

DW

“ 1 file added to the tribute wall



Denice Willoughby - January 03, 2024 at 08:24 PM

DW

Mom & Denice 2017

Denice Willoughby - January 03, 2024 at 08:26 PM

SV

Beautiful picture of the two of you.

Sherree Vickers - January 04, 2024 at 03:03 PM

SB

Denice so sorry to hear aunt paulette passed i still remember the days on bayers road with you and your mom and nanny ,your in our prayers and hearts your cousin steven

steven butler - January 20, 2024 at 10:13 AM

DW

*Thanks Steven, that means a lot to me. It's hard to believe that so many of our family members have passed away; it's really sad. Nanny & Grandad's house on Bayers Road is gone; I was shocked when I saw the empty lot! I hope that life is treating you well. Take care.
Denice*

Denice Willoughby - January 26, 2024 at 01:51 PM

DW

“ 1 file added to the tribute wall



Denice Willoughby - January 03, 2024 at 08:03 PM

DW

Mom with her sister Elizabeth

Denice Willoughby - January 04, 2024 at 01:03 AM

DW

“ 1 file added to the tribute wall



Denice Willoughby - January 03, 2024 at 08:02 PM

DW

Mom with Justin 2017

Denice Willoughby - January 04, 2024 at 01:06 AM

DW

“ 1 file added to the tribute wall



Denice Willoughby - January 03, 2024 at 07:57 PM

DW

Mom 2017

Denice Willoughby - January 04, 2024 at 01:04 AM

DW

“ 2 files added to the tribute wall



Denice Willoughby - January 02, 2024 at 06:58 PM

SV

“ 1 file added to the album Paulette



Sherree Vickers - January 02, 2024 at 02:30 PM

DW

“ 1 file added to the tribute wall



Denice Willoughby - January 02, 2024 at 10:41 AM

DW

Mom at age 6 or 7

Denice Willoughby - January 02, 2024 at 11:19 AM

SV

I would like to express condolences to Paulette's family and friends.

What a precious soul Paulette was. No matter the challenges she faced, her heart was loving and her life made a huge difference to my life. When you volunteer your time to help somebody, we know that it also helps ourselves.

I was posted to Halifax with the military and, as much as I knew some people, I felt like something was missing from my life. When I got matched up with Paulette through the Victorian Order of Nurses (at the time), I remember showing up at Paulette's apartment and she was quite shy.

Once we regularly started going on our outings, her very caring personality came out. Her eyes lit up when she came out to jump into my car and off we went.

We had alot of adventures together - eating lobster at Peggy's Cove, sitting on the beaches, grabbing scallops and fries from the takeout place and sitting in the car overlooking the ships coming and going, taking off on a two-night trip to Hubbard's and eating lobster at the Shore Club, driving to the Annapolis Valley to admire the beautiful view of Blomidon Park, to having her over to my place for suppers. Paulette even tracked down her childhood friend and we went on a roadtrip to visit her.

Paulette's favourite place, however, was The Dingle, where we spent hours sitting on the bench (as did her other volunteer friends), just chatting away.

Paulette attended a few of the concerts that I performed in with the Stadacona Band as well. All of my friends and family knew about Paulette and my neighbour even baked some cakes for her.

She was a bright light and had an amazing strength to live. I will miss hearing her voice. RIP Paulette xo

Sherree Vickers - January 02, 2024 at 12:32 PM

DW

Mom spoke of you often Sherree, she treasured all of your adventures together. Thank you for sharing this beautiful tribute and photo of Mom.

Denice Willoughby - January 02, 2024 at 04:35 PM

JC

Sherree - I just now heard about Paulette's passing. Denice was able to get a message to me through Facebook, but it wasn't opened until now. I was so, so sorry to hear of her long stay in hospital. She sure did have more than her share of health problems. I was so grateful to you for bringing her to my home in Bridgewater the few times we got to visit there still have the 10 minute or so video that Paulette made for me reminiscing about our days singing together in some very, very good rock 'n roll days when we were teenagers. That was such an outstanding time for both of us. We really were living the life. Paulette absolute adored you and always spoke of you when we talked on the phone. You were such a gift to her, that really enhanced her life. My only regret is that I didn't know about her illness in her last days and wasn't able to bid her 'farewell'.

Judy (Belliveau) Comeau - January 05, 2024 at 11:00 PM

SV

Paulette had such a good time visiting you and your husband in Bridgewater that day. She talked about it alot.

Sherree Vickers - January 07, 2024 at 11:49 AM