



Sylvia Krysia Misztela

May 6, 1953 - September 14, 2024

In loving memory of Sylvia Krysia Misztela Sylvia passed away peacefully at the VG in Halifax, NS, on September 14, 2024. She was predeceased by her parents, Tadeusz and Daniela Misztela, who were both survivors of Nazi slave labour camps in Poland. She is survived by her only sibling, her brother Tadeusz (Ted) (Ann Rutledge), Truro. Ted has decades of wonderful shared memories. She is also survived by her niece Laura Misztela (Jud Cameron) of Lower Sackville and Laura's three children, as well as her nephew Ted (TJ) (Hayley) and their daughter, Glen Arbour. Sylvia earned her BA from Dalhousie and began many unique careers, which included working on a film crew for National Geographic in the Middle East, sound editing for Michael Mann in New York and LA, and being an executive assistant for Adrienne Clarkson at CBC. Another successful career experience for Sylvia was travelling worldwide as a consultant for a wholesale travel broker. She received red carpet treatment in the countries she visited because her recommendations were so valued. In her personal life, she travelled extensively. She often visited Cuba, and her generosity of spirit led her to bring food, medical supplies and money to some impoverished families, without regard for her own personal liberty. These adventures prompted her brother to make sure he always had access to funds to pay for her ransom; thankfully, it was never needed. She began a new life when she rebuilt a house on the location of her parents' lakeside summer home. She developed friendships with like-minded spirits who shared her deep appreciation of the

wonders of nature and its restorative powers. In the appearance of a zooming dragonfly, a setting sun, a rising moon and other manifestations, her spirit will always be with us. Sylvia's desire for total well-being was extended to family and friends. She had a talent for making everyone, from children to seniors, feel so special and valued. Cremation has taken place and a Celebration of Life for Sylvia will be held at a later date. Our deepest appreciation is given to the entire staff of the Oncology Unit of the VG. If you wish, a donation in her memory can be made to the Canadian Cancer Society or a local Food Bank. Sylvia touched us all.

Tribute Wall

JE

“ Thank you Sylvia for sharing your magical 🌟 view of the world; your presence in this realm is deeply missed. Those who have had the fortune to call you a friend will forever carry a spark of you in their heart. ❤️
And, as you have so often said, sending you Blessings and Light Dear One. May Magic and Love and Light surround you. ✨💛🌟
God Bless.

Julie Ernst - November 30, 2024 at 06:26 PM

LP

“ Sylvia was such a beautiful friend. I am so blessed to have known her in this lifetime
I will carry her in my heart always.

Leah Parsons - October 19, 2024 at 03:36 PM

CK

“ I am shocked. Just found out Didn't know she was nearing the end of her life that what she was going through meant that we would never see her again. I am so sad and can't imagine what her FAMILY is going through. MY SYMPATHIES and CONDOLANCES to TED and FAMILY. She was a special person and a people person who was concerned for the betterment for all who she came in contact with.

CAMILLA KYNOCK - September 26, 2024 at 07:44 PM

MS

My thoughts exactly.

Maxine Snow - October 02, 2024 at 05:00 PM

BE

“ *Sylvia was always a lively presence , full of spirit as we discussed the various topics in our spiritual discussion group. She brought a strong sense of spiritual connection.*

Bethana

Bethana - September 24, 2024 at 09:38 AM

RC

“ *Our beautiful soul sister the world will truly NOT be the same without her. All our memories of Sylvia are filled with love laughter hugs great food boundless energy youthfulness and generosity beyond description.*
How could we have known but a few weeks ago when she left after staying over , that hugging her and telling her we loved her , it would be the last time. Sincere condolences to all the family. Sylvia touched more lives with love than can ever be counted or known. We were all blessed she was in our lives . Love you Sylvia Thankyou for enriching our lives Rita and Phil

Rita CROSBIE - September 21, 2024 at 01:48 PM

PI

Sincere condolences..We grieve because we loved and were loved...

Pippy

Pippy - September 22, 2024 at 01:17 AM

AW

I and Harold have know Sylvia for years but haven't seen her in some time so we just thought she'd gone off on one of her trips. She certainly was a loving , thoughtful, kind full of life that when she entered the room, it sparkled. I agree with all the above comments. With Sylvia following her health regime so carefully , I thought she'd be with us for a long time. It is unfortunate that we lost such an inspiring person. She was a strong individual who stood on her own feet. She is a credit to herself and her family. Your smile will always be missed,

Anne Marie Watson - November 11, 2025 at 11:55 AM